Paula Simpson

Paula has been riding and working around horses since she was 12 years old beginning with 4H and continuing into high school and college horsemanship classes. Her professional experience began in 2001 when she received a certification in equine sports massage. She continued equine studies earning a level 1 certification in Equine Body Work from Equinology, Inc. in Petaluma, CA. This certification involved extensive training in gait analysis, biomechanics, anatomy and physiology, saddle fitting and massage. She worked on horses in several disciplines including polo, hunter/jumper, and dressage.

Additional experience in teaching horsemanship includes giving private instruction in English and Western disciplines since 2000 and employment as an instructor/assistant wrangler for the Girl Scouts Camp Kiwanis. In 2017, Paula became a PATH certified therapeutic riding instructor and has been an instructor for 7 Star for the past year.

Outside the arena, Paula works as a 5th grade teacher for St. Mary's Cathedral school and has been an educator and administrator for 27 years. She enjoys broadening her education and experience in working with children and adults with special needs both in the classroom and on horseback.